



JTT Ready!

A fun match-day guide for Junior Team Tennis players

Welcome to the Team!

- **Play hard** — chase every ball.
- **Learn the rules** — they help you play with confidence.
- **Be a great teammate** — cheer, encourage, and have fun.
- **Remember:** You do not have to be perfect. You just have to be ready to play.

Match Day Mission

1. Arrive early and check in with your captain.
2. Find your court and know your line.
3. Warm up with your opponent — do not try to win warm-up.
4. Take practice serves before the first point.
5. Play, report your score, then cheer for your team.

Score Like a Pro

0	Love
1 point	15
2 points	30
3 points	40
4 points	Game!

Coach Tran Says: The server's score always goes first. Say the score before every serve!

No-Ad Scoring Power Point

40–40 = ONE POINT WINS THE GAME!

- The receiver chooses which side to receive on.
- In doubles, the receiving team chooses.
- Take a breath, say the score, and play the point.

Match Format Cheat Sheet

Division	Match Format	Tiebreak Time
10U Orange Ball	4-game short set, no-ad scoring	7-point tiebreak at 3–3
12U Yellow Ball & Green Ball	6-game pro set, no-ad scoring	7-point tiebreak at 5–5
14U and Above	8-game pro set, no-ad scoring	7-point tiebreak at 7–7

Important note: This match format is used for local JTT play. Sectional play uses a different format: all Green Ball divisions play a 4-game short set with no-ad scoring and a 7-point tiebreaker at 3–3. 12U Yellow Ball and above play a 6-game pro set with no-ad scoring and a 7-point tiebreaker at 5–5.

18U Intermediate lineup note: Each 18U Intermediate team needs to have at least one girl on the team. The girl should play **Line 4 Singles** and **Line 2 Doubles** or **Mixed Doubles**, depending on how many girls are on the team.

Coach Tran Says: Know your format before you start, so you know exactly when the tiebreak happens!

Line Call Detective

If any part of the ball touches any part of the line, it is IN.

- **Not sure?** It is in.
- Call only the lines on your side.
- Call “OUT!” right away and loud enough to hear.
- If you realize you were wrong, say so immediately.

Tennis Oops!

Oops!	What to do
Forgot the score	Ask and return to the last score both players agree on.
Served from the wrong side	Finish the point, then fix it next point.
Ball rolls on court	Call “LET!” if it affects play, then replay the point.
Wrong partner served	Finish the point, then get the correct server back in.

Easy rule: Finish the point → fix it → keep playing.

Tiebreak Time!

- Count tiebreak points as plain numbers: 1, 2, 3.
- First to 7 points wins, but you must win by 2.
- Regular tiebreak: switch sides after every 6 points played.

Be the Player Everyone Wants to Play With

Say YES to...	Say NO to...
“Good shot!”	Throwing your racquet

"Nice try — next point."	Blaming your partner
"Good match!"	Arguing about every call
Cheering for teammates	Cheering when opponents miss

Quick Quiz!

1. You are serving and the score is 30–15. Whose score goes first?
2. The ball touches the line. Is it in or out?
3. At 40–40, who chooses the receiving side?
4. You forget the score. Should you guess or ask?
5. In a regular tiebreak, when do you switch sides?

Answers: Server's score first. In. Receiver chooses. Ask. Switch sides after every 6 points played.

Final Pep Talk

Play hard. Be respectful. Encourage your team. Have fun. See you on the court!